



*Please follow the dates to find out which menu your school is on each week

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK 1* 2021: 23rd August, 13th September, 4th October, 25th October, 15th November, 6th December,
2022: 3rd January, 24th January, 14th February, 7th March, 28th March, 18th April, 9th May, 30th May, 20th June, 11th July.

OPTION ONE **NEW** Organic Beef Chilli | **NEW** Toad in the Hole | Roast Loin of Pork & Apple Sauce | Margarita Pizza | Fish Fingers or Salmon Fingers

OPTION TWO **NEW** Homemade Vegetable Pasty | Vegetarian Sausage Toad in the Hole | **NEW** Cheese & Baked Bean Puff | Roasted Pepper Pizza | Quorn Dippers

CARBS Fluffy Rice Parsley Potatoes | Roast Potatoes ½ Jacket Potato | Creamy Mashed Potatoes | ½ Jacket Potato Jewelled Cous Cous | Chips Minted Potatoes

VEGETABLES Roasted Vegetables | Peas Cauliflower | Carrots Broccoli | Sweetcorn Green Beans | Baked Beans Peas

SALAD BAR Salad Bar Selection

BREADS Assorted Breads

FRUIT Fresh Fruit Platter/Yoghurt

DESSERTS **NEW** Rhubarb & Custard Cake Strawberry Whip | **NEW** Apple Berry Fool Shortbread Biscuit | Oatie Fruit Crunch & Custard Cheese & Biscuits | **NEW** Dutch Apple Cake Iced Bun | Vanilla Ice Cream Flapjack

WEEK 2* 2021: 30th August, 20th September, 11th October, 1st November, 22nd November, 13th December,
2022: 10th January, 31st January, 21st February, 14th March, 4th April, 25th April, 16th May, 6th June, 27th June, 18th July.

OPTION ONE **NEW** Organic Minced Beef Casserole with Dumplings | Roast Chicken & Stuffing | Sausage in Onion Gravy | Macaroni Cheese | Battered Fish

OPTION TWO **NEW** Vegetable Casserole with Dumplings | Roast Quorn Fillet & Stuffing | Vegetable Sausage in Onion Gravy | **NEW** Leek & Butter Bean Crumble | Vegetable Nuggets

CARBS Roast Potatoes Potatoes in Skins | Parsley Potatoes ½ Jacket Potato | Creamy Mashed Potatoes | Garlic Bread Potatoes in Skins | Chips Fluffy Rice

VEGETABLES Green Beans Carrots | Peas Cauliflower Cheese | Medley of Roasted Vegetables | Broccoli Carrots | Baked Beans Sweetcorn

SALAD BAR Salad Bar Selection

BREADS Assorted Breads

FRUIT Fresh Fruit Platter/Yoghurt

DESSERTS **NEW** Banana Cake Berry Cheesecake | Chocolate Sponge & Chocolate Sauce Butterscotch Whip | Lemon Drizzle Cake Oat Cookie | **NEW** Orange Jelly with Mandarins Cherry Shortbread | Strawberry Ice Cream Crispy Cake

WEEK 3* 2021: 6th September, 27th September, 18th October, 8th November, 29th November, 20th December,
2022: 17th January, 7th February, 28th February, 21st March, 11th April, 2nd May, 23rd May, 13th June, 4th July, 25th July.

OPTION ONE Organic Meatballs in a Homemade Sauce | Garlic Mushroom Pizza | **NEW** Roast Beef & Yorkshire Pudding | Chicken & Vegetable Pie | Fish Fingers or Salmon Fingers

OPTION TWO **NEW** Carrot Bites in a Homemade Tomato Sauce | Margarita Pizza | **NEW** Mixed Bean Tagine | Creamy Vegetable Pie | Vegetable Fingers

CARBS ½ Jacket Potato Fluffy Rice | Pasta Shells Parsley Potatoes | Roast Potatoes Roasted Vegetable Cous Cous | Creamy Mashed Potatoes | Chips Pasta Shapes in a Homemade Tomato Sauce

VEGETABLES Carrot Rounds Broccoli | Cauliflower Roasted Courgette | Peas Mashed Swede | Sweetcorn Green Beans | Baked Beans Minted Peas

SALAD BAR Salad Bar Selection

BREADS Assorted Breads

FRUIT Fresh Fruit Platter/Yoghurt

DESSERTS **NEW** Peach & Raspberry Crumble & Custard Chocolate & Sweet Potato Brownie | **NEW** Banana Cupcake **NEW** Fresh Fruit salad | Rice Pudding Orange Drizzle Cake | **NEW** Apple Sponge & Custard Chocolate Crunch Cookie. | Vanilla Ice Cream Cherry Shortbread