

# WEEK 3



Choose from...

Main

Vegetarian

Combo

Packed lunch

...and to finish!

Bread and Salad will be available at Lunch Times

#### MONDAY

# Minced Beef Pasta Bake

to go with

Peas

Macaroni Cheese

to go with

Green Beans

#### **Jacket Potato**

to go with
Side Salad

with choice of fillings

Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans

Packed Lunch - Box 7 with Crunchy Vegetables, Cheese & Biscuits & Fresh Fruit

to go with

Ham Salad Sandwich on White

Syrup Sponge

Fresh Fruit Bar, Cheese and Biscuits, Jelly

#### TUESDAY

#### Chinese Chicken

to go with

Broccoli, Noodles

# Veggie Fried Rice

to go with

Broccoli

#### **Jacket Potato**

to go with Side Salad

with choice of fillings

with choice of fillings

Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans

Packed Lunch - Box 2 with Baked Tortillas & Salsa, Carrot Cake Muffin and Fresh Fruit

to go with

Cheese Wrap

# **Toffee Apple Roly Poly**

Fresh Fruit Bar, Yoghurt, Cheese and Biscuits, Jelly

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#### WEDNESDAY

#### Chicken Pie

to go with

Carrots, Green Beans, Roast Potatoes, Gravy

# Quorn & Vegetable Pie

to go with

Carrots, Green Beans, Roast Potatoes, Gravy

#### **Jacket Potato**

to go with

Side Salad

with choice of fillings

Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans

Packed Lunch - Box 2 with Baked Tortillas & Salsa, Carrot Cake Muffin and Fresh Fruit

to go with

Tuna & Cucumber Wrap

# **Raspberry Sponge**

Fresh Fruit Bar, Yoghurt, Cheese and Biscuits, Jelly

#### THURSDAY

#### Beef Enchilada

to go with

Mixed Rice, Sweetcorn

# Mexican Tortilla Layer

to go with

Mixed Rice, Sweetcorn

#### **Jacket Potato**

to go with Side Salad

with choice of fillings

Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans

Packed Lunch - Box 7 with Crunchy Vegetables, Cheese & Biscuits & Fresh Fruit

to go with

Ham Salad Sandwich on White

# Fruit Flapjack

Fresh Fruit Bar, Yoghurt, Cheese and Biscuits, Jelly

#### FRIDAY

# Homemade Giant Chicken Nuggets

to go with

Baked Beans, Chips, Peas

# Vegan Nuggets

to go with

Baked Beans, Chips, Peas

#### Jacket Potato

to go with

Side Salad

with choice of fillings

Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans

Packed Lunch - Box 2 with Baked Tortillas & Salsa, Carrot Cake Muffin and Fresh Fruit

to go with

Cheese Wrap

### **Arctic Roll**

Fresh Fruit Bar, Cheese and Biscuits, Jelly

 ${\bf Please\ speak\ to\ a\ member\ of\ the\ Catering\ Team\ or\ view\ relishs chool food.co.uk\ for\ Allergen\ Information}$